

PE - Curriculum Overview

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Fundamental Movement Skills	Locomotion	Gymnastics - Wide, narrow & curled rolling & balancing	Gymnastics - Pathways - small & long Net & Wall Game Skills 1	Invasion Game Skills	Net and Wall Games
Year 2	Fundamental Movement Skills	Fundamental Movement Skills	Gymnastics - Pathways: straight, zipzag & curving	Gymnastics - Spinning, turning & twisting	Striking & Field Game Skills	Net & Wall Game Skills
Year 3	Dance Hockey	Gymnastics Badminton	Invasion Games Tag Rugby	Basketball Football	Rounders	Athletics
Year 4	Health related fitness Dance-Vikings	Gymnastics -Partner work-Pushing and Pulling Gymnastics -Arches and Bridges	Football Tag Rugby	Swimming Hockey	Swimming Athletics	Rounders Tennis
Year 5	Football Netball	Dodgeball Health Related Fitness	Yoga Team building and problem solving	Hockey Dance – British values	Tennis Rounders	Cricket Gymnastics – matching, mirroring and contrast
Year 6	Football Dodgeball	Gymnastics –Group sequencing Tag Rugby	Health related fitness Hockey	Invasion Game Skills 4 Yoga	Cricket Team Building and problem Solving	Athletics Leadership