



St Gabriel's CE Primary School

Physical Education and Dance



Intent	Implementation	Impact
<p>When teaching P.E. and Dance we:</p> <ul style="list-style-type: none">• Develop an enjoyment of physical activity and exercise• Develop the physical, emotional and mental well-being of all children regardless of need• Ensure all children reach their full physical potential• Attain, develop and refine transferrable co-ordination and movement skills that promotes a positive approach to unfamiliar sports or exercises• Provide children with an understanding of the different types of physical activity• Encourage participation in physical activity out of school• Encourage lasting participation in sport or exercise• Encourage children to become independent problem solvers and find ways to overcome difficult situations	<p>When teaching P.E. and Dance we:</p> <ul style="list-style-type: none">• Plan lessons with a clear objective of teaching transferable skills• Ensure the requirements of the Primary National Curriculum are met• Use skills-based activities and structured games• Provide opportunities for participation in games with an element of chance• Teach transferrable skills through a range of different physical activities over the school year or key stage including through areas such as:<ul style="list-style-type: none">○ Dance○ Gymnastics○ Team co-operation games○ Athletics○ Co-ordination using equipment, games/skills○ Striking and fielding including throwing, catching and kicking games○ Swimming• Encourage KS2 children to evaluate activities and suggest ways of making them more or less challenging	<p>In learning P.E. and Dance children will:</p> <ul style="list-style-type: none">• Develop their physical co-ordination• Understand the importance of diet on personal wellbeing as a whole• Understand the impact physical activity and exercise can have on personal wellbeing and self-worth• Develop strategies for coping with challenges, success and setbacks• Find/experience an area of physical activity or exercise that they enjoy• Pursue physical activity or exercise in some form during out-of- school hours <p>To assess progress in P.E and Dance we:</p> <ul style="list-style-type: none">• Ensure children are provided with opportunities and activities that allow them to demonstrate the appropriate level of co-

- Promote a supportive philosophy of their peers that impacts their behaviour both during and outside of physical education activities
- Work in teams to be supportive and encouraging to others
- Understand the importance and impact a healthy lifestyle can have on people's lives

Through P.E. and Dance we can also:

- Build up the resilience in children when facing challenges in life
- Encourage children to persevere when faced with new and immediate challenges
- Improves a child's self-worth
- Provide experiences unique to a sporting setting including leisure centres and professional sporting venues
- Inspire our children to fulfil their potential

- Encourage KS2 children to evaluate activities and suggest ways of making them suitable for more or fewer participants
- Encourage children to develop tactics to improve their, or their team's performance
- Ensure activities are inclusive or adapted in a way to make it easier or more challenging depending on individual levels of ability
- Assess children's progression
- Allow time for children to assess own performance and think of next steps

- ordination and skills for their development and age
- Assess children's progress throughout lessons and provide immediate feedback to offer opportunities for refined progression
- Make periodic and end of key stage judgements
- Co-ordinator will provide questionnaires for child feedback about their level of enjoyment of activities and listen to suggestions for newer areas of physical activity
- Report annually to parents on how well the pupil has achieved, what s/he does well, what is needed to bring further improvements and suggest areas of interest that may lead to out-of-school participation