



St Gabriel's CE Primary School

PSHE



Intent	Implementation	Impact
<p>When teaching PSHE including RSE we:</p> <ul style="list-style-type: none"> -Encourage children to become the best that they can be, to have dreams for the future and know what is needed to achieve them. -Help children to understand the importance of healthy life styles giving them the skills to make informed choices and develop resilience for future challenges. -Help pupils to understand themselves, to show empathy towards others and to develop the skills to form healthy relationships. -Help children to develop tolerance, to respect differences and treat everyone equally. -Teach our children an 'age appropriate' understanding of healthy relationships and sex education. -Teach our children about personal safety, both online and offline, and ensure they know where to go if they need help. -Provide opportunities for our children to learn about rights and responsibilities and to understand what it means to be a valuable member of our ever-changing society. <p>Our intent as a school is to prepare ALL our children for the wider world and for life in modern Britain. To become Effective</p>	<p>When teaching PSHE including RSE we:</p> <ul style="list-style-type: none"> -Use the curriculum framework from Coram Life, called SCARF which is a whole school approach to health and well-being. This is an age appropriate spiral curriculum which fulfils all DFE statutory requirements for Relationships and Health Education. The curriculum is based around 5 core values : Safety, Caring, Achievement, Resilience and Friendship. It also incorporates RSE. The SCARF values are brought to life through stories of Harold the giraffe and his friends, songs, films, and thought-provoking and fun activities. As children get older, while they still cherish Harold, themes about wellbeing and relationships are explored in greater depth and resources are tailored to their age group. SCARF provides a strong foundation for children's spiritual, moral, social and cultural education (SMSC) and development; it is at the heart of the SCARF curriculum. SCARF lessons are carefully planned as part of a spiral curriculum. For each year group there are six themed units. These themed units are: <ul style="list-style-type: none"> <u>Me and my relationships</u> Includes feelings /emotions /conflict / resolution friendships <u>Valuing difference</u> Includes British Values <u>Keeping Safe</u> 	<p>Children will:</p> <ul style="list-style-type: none"> -Show positive attitudes to learning. -Show respect for themselves and others. -Demonstrate positive behaviour and conduct. -Develop positive and healthy relationships with their peers, now and in the future. -Understand the physical aspects of RSE at an age appropriate level. -Feel confident and well-equipped to face challenges. -Have a strong sense of self, they will be proud of who they are, confident in their own abilities and know where to go if they need help. -Recognise and apply the British values of democracy, tolerance, mutual respect, the rule of law and liberty. <p>Our children feel valued and loved appreciating that they are part of the St Gabriel's family.</p>

Contributors, Confident Individuals,
Responsible Citizens and Successful Learners.

Includes aspects of relationship education

Rights and Respect

Includes money / living in the wider world /
environment

Being my Best

Includes keeping healthy / growth mindset / goal
setting / achievement

Growing and Changing

Includes RSE related issues

PSHE permeates everything we do at St Gabriel's.

- We develop children's sense of self-worth by
encouraging them to play an active role in school life
and the wider community. We encourage all children to
become part of our Smart School Council which allows
them to become engaged in the running of our school.
They experience what it is like to be part of a
democratic society, helping to make decisions. Our
elected 'Comms' team represent their peers and work
alongside key staff to implement changes. Older
children also have the opportunity to become reading
'buddies' and Playground Pals supporting our younger
children. They take on an important role enabling our
youngest children to become confident individuals and
achieve.